



SAFARI Results

21.1KM

CATEGORY	PLACE	NAME & SURNAME	CLUB	TIME
WOMEN				
70+	3rd	Marlene james	Pine	2:15:12
	2nd	Pixie Sparg	Celtic Harriers	2:12:32
	1st	Veronica Van Niekerk	Elgin Grabouw	1:55:21
MEN				
70+	3rd	Eddie Hendricks	Elsies	2:01:30
	2nd	Lawrence Ashworth	Strand	2:00:00
	1st	Joseph Matthews	Midas Spartan	1:58:19
WOMEN				
60+	3rd	Hilary Rhode	Edgemead	1:58:44
	2nd	Louisa van der west	Stellenbosch	1:54:44
	1st	Nancy will	Pine	1:47:17
MEN				
60+	3rd	Piet Smit	Swart	1:35:28
	2nd	Louis Claasen	Arcelor Mittall	1:29:01
	1st	Thomas Moses	Worcester	1:27:56
WOMEN				
50-59	3rd	Cheryl Rudolph	Easterns	1:44:52
	2nd	Marie Human		1:42:55
	1st	Mariette Strauss	Tygerberg	1:37:27



MEN				
50-59	3 rd	Leon Williams	Swart	1:25:27
	2 nd	Henry Wlstenholm	Durbac	1:23:37
	1 st	Isaac Opperman	Drakenstein	1:19:41
WOMEN				
40-49	3 rd	Marlize Vienings	Edgemead	1:40:38
	2 nd	Marjorie Prince	Ceres	1:38:44
	1 st	Linda Kinloch-Smith	Bellville	1:36:24
MEN				
40-49	3 rd	Dawid Pieterse	Franshoek	1:22:06
	2 nd	Tsungai Mwanengeni	RCS Gugs	1:16:41
	1 st	Gert Thys	Postmasberg	1:11:38
WOMEN				
Junior	3 rd			
	2 nd			
	1 st	Jana Nelson	Bellville	2:21:39
MEN				
Junior	3 rd	Abduragmaan Souma	Eskom	1:43:28
	2 nd	Levino Lewis	Stragglers	1:43:23
	1 st	Harry Van Niekerk		1:25:48



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WOMEN				
OPEN	5th	Elme Middlemost	Brackenfell	1:36:02
	4th	Michelle Dreyer	Paarl	1:34:53
	3rd	Sophie Cope	Khayelitsha	1:33:38
	2nd	Jeanette Kohler	West Coast	1:29:02
	1st	Jessica Pollock	UCT	1:24:53
MEN				
OPEN	5th	Ncedo Makunga	NEDWP	1:13:33
	4th	Wanda Roro	MSA Multisport	1:12:13
	3rd	Akhona Mdaka	Elgin Grabouw	1:10:11
	2nd	William Kaptein	Maties	1:09:49
	1st	Mbongeni Nxazozo	BP Athletic Club	1:08:11



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WELLINGTON AC				
MALE	1 ST	Alvino Cupido		1:15:20
FEMALE	1 ST	Marelize Droomer		1:47:11