



21.1 KM WINNERS WOMEN

CATEGORY	PLACE	NAME & SURNAME	CLUB	TIME
70+	3 RD	Heather Cooke	TEMP	02:27:05
	2 ND	Avril Dumont	WCOAST	02:24:02
	1 ST	Marlene James	PINE	02:15:24
60+	3 RD	Koba Bellingan	STELLEN	01:47:36
	2 ND	Styntjie Prins	PAARL	01:45:23
	1 ST	Nancy Will	PINE	01:40:05
50-59	3 RD	Salome Castelyn	STELLEN	01:42:55
	2 ND	Olga Howard	CELTICS	01:35:28
	1 ST	Mariette Strauss	TYGER	01:33:16
40-49	3 RD	Ursula Frans	NEDWP	01:32:35
	2 ND	Busiswe Matiwane	CELTICS	01:31:30
	1 ST	Obertina Kanyongo	WCOAST	01:27:50
OPEN	5 TH	Busiswe Matiwane	CELTICS	01:31:30
	4 TH	Candyce Hall	CARBINEERS	01:28:04
	3 RD	Obertina Kanyongo	WCOAST	01:27:50
	2 ND	Fortunate Chidzivo	CELTICS	01:25:45
	1 ST	Annie Bothma	NEDWP	01:19:45
JUNIOR	3 RD	-	-	-
	2 ND	-	-	-
	1 ST	Magda De Mooij	BRACKEN	01:46:38



21.1 KM WINNERS MEN

CATEGORY	PLACE	NAME & SURNAME	CLUB	TIME
70+	3 RD	Oloff Crous	BRACKEN	02:11:08
	2 ND	Richard Badrieck	STRAND	02:10:18
	1 ST	Joseph Matthews	MIDAS	01:58:23
60+	3 RD	Muhammad Kriel	ODRAAI	01:32:15
	2 ND	Robbie Lindsay	NEDWP	01:30:22
	1 ST	Terence Brown	BELL	01:26:09
50-59	3 RD	Ludwig Lillie	K-WAY VOB	01:26:25
	2 ND	Hermanus Jonkerman	NEDSWD	01:24:36
	1 ST	Solly Van Rooi	ALIVE BOL	01:24:20
40-49	3 RD	Shawn Abrahams	CELTICS	01:16:40
	2 ND	Pieter Koopman	ITHEKO	01:12:20
	1 ST	Tsungai Mwanengeni	CMSC	01:11:59
OPEN	5 TH	Akhona Mdake	ELGRAB	01:08:41
	4 TH	Unathi Nteta	AAC	01:08:34
	3 RD	Elfonso Pieterse	NEDSWD	01:08:30
	2 ND	Tsawayo Peter	RCSGUGS	01:08:24
	1 ST	Lloyd Bosman	NEDSWD	01:05:16
JUNIOR	3 RD	Reuben Strauss	BELL	02:24:52
	2 ND	Stefan Oosthuizen	WELLING	01:24:04
	1 ST	Nigel Plaatjies	WELLING	01:23:18



10 KM WINNERS MEN

CATEGORY	PLACE	NAME & SURNAME	CLUB	TIME
60+	3 RD	Stephen Delport	K-WAY VOB	58:31
	2 ND	Henry Cleophas	NEDWP	48:23
	1 ST	Brian Rothman	BRACKEN	47:17
50-59	3 RD	Reginald Crowster	TYGER	47:56
	2 ND	Henry Blaauw	DEFWP	46:23
	1 ST	Nicolaas Kees	MONTAGU	43:13
40-49	3 RD	Joslen Bantam	ELGRAB	41:47
	2 ND	Thembelani Figlan	NEDWP	40:39
	1 ST	Pieter Koopman	ITHEKO	37:47
OPEN	5 TH	Angelo Booysen	WELLING	30:57
	4 TH	Virgina Ngudlumana	ITHEKO	30:12
	3 RD	Justin Fritz	CERES	30:09
	2 ND	Akhona Makila	K-WAY VOB	30:01
	1 ST	Luyando Qolo	ELGRAB	29:57
JUNIOR	3 RD	Adrian Wildschutt	CERES	32:00
	2 ND	Lukhanyo Nobakada	K-WAY VOB	31:40
	1 ST	Nadeel Wildschutt	CERES	31:13



10 KM WINNERS WOMEN

CATEGORY	PLACE	NAME & SURNAME	CLUB	TIME
60+	3 RD	Edna Brand	LBAAN	01:01:49
	2 ND	Liz Britz	WCOAST	59:07
	1 ST	Kathy Burr	TEMP	52:00
50-59	3 RD	Christine Hibberd	WHALERS	01:00:15
	2 ND	Diane Delpont	K-WAY VOB	58:31
	1 ST	Narriman Emeraan	KENFAC	57:19
40-49	3 RD	Sharon Davids	WORC	52:42
	2 ND	Soreen Gouws	SWART	52:03
	1 ST	Liesl Ribeiro	STELLEN	48:35
OPEN	5 TH	Sharlan Boer	MATIES	40:30
	4 TH	Clairiece Slinger	MATIES	39:49
	3 RD	Britney Meyer	OUTENH	39:10
	2 ND	Marrida Leen	MOSSEL	38:22
	1 ST	Nomvuyisi Seti	ITHEKO	36:14
JUNIOR	3 RD	Sharlan Boer	MATIES	40:30
	2 ND	Britney Meyer	OUTENH	39:10
	1 ST	Marrida Leen	MOSSEL	38:22



NATURE'S TASTY SNACK

half MARATHON

2015

